



PROJECT RESTART GRASS ROOTS TRAINING

South Shields FC Foundation
Charity Number 1176894

PURPOSE

Interim Guidance
about Phase 1 return
to football

VERSION

June 2020

Introduction

1. This Guidance is a supplement to our normal risk assessment process. It responds to the Government and FA announcements that from 1 June football can slowly begin the process of making a return.
2. We have completed a full risk assessment and conclude that it is LOW RISK to return to outdoor training with limited equipment at Harton Welfare subject to strict conditions and restrictions.
3. Whilst we have assessed and mitigated the risks there can be no absolute guarantee that the measures we propose will prevent infection with Covid-19. If you are in any doubt or in a vulnerable or at risk group then you should stay away.
4. Coaches and parents should have regard to all emerging government and FA guidance. To work it will need coaches and parents to take responsible for enforcing the procedures as there will be no staff on site.
5. The Foundation reserves the right to remove this service immediately if rules and procedures are breached or if government/FA guidance changes.

Conditions & restrictions to manage risk



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6. The following **Government and FA conditions apply**:
 - Groups of 6 or less including coach.
 - Strictly non-contact.
 - All under 18's must be supervised by a parent/adult.
 - Follow self-disclosure and 14-day self-isolation rules.
 - Social distancing of 2m at all times.
 - Strict hygiene protocols e.g. handwashing before and after no sharing of water bottles or equipment, take all your own rubbish/kit etc. home.
7. **The following additional local conditions apply**
 - This guidance relates to grass pitches at Harton Welfare. The building, including toilets and MUGAs are closed. Parts of the grass are being renovated and must be avoided.
 - Goals and all equipment (except footballs and cones) are NOT IN USE.
 - Maximum of THREE groups plus ONE adult per child on site at any one time. No siblings or other children.
 - Coaches must be knowledgeable about Covid-19 symptoms and control measures, carry out cleaning regime's and ensure anyone with or displaying symptoms is refused entry or asked to leave the site.
 - Parents/adult should administer any first aid (supervised by the qualified and first aid trained coach).
 - Parents must self assess and report to their coach if they have symptoms or contact with Covid-19 and self-isolate for 14 days where necessary. Coaches will keep records.
 - Children with respiratory diseases or who are especially vulnerable to Covid-19 must not attend.
 - Coaches should carry and use PPE appropriately e.g. in case of need to support first aid (Refer to government guidance about safe use of PPE).
 - Pre-Booking for all sessions is required. You will be allocated an area to use.
 - Strict protocols for arrival times, departure times, parking routes to pitches and viewing areas exist (see p4)
 - Wait in cars until collected by your coach at the allocated start time. Please do not arrive early or enter pitches before your allocated start time (unless they are clear).
 - Coaches to clean and sanitize any equipment and surfaces touched by their group after each session.
 - Coaches to lock site after use.

- If you are splitting your team into groups create “bubbles” so the same group always work together and with the same coach. Don’t mix up the groups.

Risk Mitigation Checklist

You must be able to answer YES to ALL the following questions before EVERY session.

<i>Playing/Training Activity</i>	
Is there a maximum of 5 children plus a qualified coach?	
Are there 15 or less children on site in total?	
Is there one accompanying parent/adult per child present?	
Has the session been pre booked?	
<i>Care and protection activity</i>	
Has everyone involved been made aware of risks and hygiene measures at the beginning of each session? <ul style="list-style-type: none"> • Wash hands before and after • Maintain social distance of 2m • Minimise handling of surfaces and equipment 	
Has the coach cleaned with disinfectant any surfaces e.g. benches, spectator rails, equipment, gates, locks after each session?	
Has the coach organized/provided hand sanitizer for use by participants and reminded of the need to wash hands before arriving and after leaving the site?	
<i>Records</i>	
Have accompanying adult/parent given their consent by text before each session stating that they and their child do not have symptoms and have not come into contact with anyone with symptoms?	
Is the supervising coach keeping a record of the dates of any parents/children self isolating?	
<i>Playing/Training Equipment</i>	
Are cones and footballs the only equipment being used?	
Has all equipment been wiped down with disinfectant before and after each session?	
Is the first aid kit present, well stocked and easily accessible. Does it contain PPE (gloves and mask)?	

Signed _____ Date _____

Pitch Availability, parking, access routes and viewing areas

ARRIVE 3.50PM **TRAIN 4PM – 4.40PM** **LEAVE SITE BY 4.50PM**
ARRIVE 4.50PM **TRAIN 5PM – 5.40PM** **LEAVE SITE BY 5.50PM**
ARRIVE 5.50PM **TRAIN 6PM – 6.40PM** **LEAVE SITE BY 6.50PM**

PITCH 1
PITCH 1
PITCH 1

PITCH 2
PITCH 2
PITCH 2

PITCH 3
PITCH 3
PITCH 3

